

## PHYSICAL EDUCATION AND SPORTS COMMITTEE

Date: 30/09/2024

### Establishment:

The "Physical Education and Sports Committee" in Aurora's PG College (MCA), Uppal plays a critical role in fostering physical well-being, sportsmanship, and overall student development. This committee will oversee the planning, organization, and promotion of all physical education and sports-related activities within the institution to ensure students and staff members physical well-being, character building, and team spirit.

### Objectives:

- **To Promote Physical Fitness and Well-Being:** Encourage students to actively participate in physical education and sports activities to enhance their physical health, mental well-being, and overall lifestyle.
- **To Develop a Sports Culture in the Institution:** Foster a spirit of sportsmanship, teamwork, discipline, and leadership through regular sporting activities and competitions.
- **To Identify and Nurture Talent:** Identify students with exceptional sports talent and provide them with opportunities, training, and support to participate in university, state, and national level events.
- **To Organize Sports Events and Activities:** Plan and conduct intra-college and inter-college sports tournaments, athletic meets, and fitness drives in a systematic and inclusive manner.
- **To Ensure Optimal Use and Maintenance of Sports Infrastructure:** Oversee the availability, maintenance, and upgradation of sports facilities, equipment, and playing fields to support both recreational and competitive sports.
- **To Collaborate with External Agencies:** Establish linkages with sports organizations, local bodies, and universities to enrich the sports ecosystem and access expert resources.
- **To Promote Inclusive Participation:** Ensure equal opportunities for participation across gender, ability, and academic backgrounds, fostering inclusivity in physical education programs.
- **To Support Student Progression through Sports:** Assist in leveraging sports for scholarships, admissions under sports quota, and career opportunities in fitness, sports, and allied sectors.
- **To Integrate Health and Wellness in Student Life:** Organize fitness awareness programs, yoga sessions, and wellness workshops as part of a broader effort to develop well-rounded individuals.

### Constitution of the Committee:

S.No.	Name	Designation	Position
1.	Mr. P. Shiva Kumar	Asst. Prof., MCA	Coordinator
2.	Mr.P.Siva Subramanyam	Asst. Prof., MBA	Member
3.	K. Vikas	Asst. Prof., MCA	Member
4.	Mr.M. Krishnam Raju	Asst. Prof., MBA	Member
5.	V. Amulya	Asst. Prof., MCA	Member
6.	K. Mahesh Kumar	Asst. Prof., MCA	Member
7.	A. Chandana	Asst. Prof., MCA	Member

### Roles and responsibilities

#### 1.Planning and Policy Formation

- Formulate annual sports and physical education policies in line with the institutional calendar.
- Prepare the annual action plan for physical activities, competitions, and wellness programs.
- Recommend budget allocation for sports equipment, events, and infrastructure maintenance.

#### 2. Organizing and Conducting Activities

- Organize intra-college and inter-college sports competitions (e.g., cricket, football, badminton, athletics).
- Coordinate participation of students in inter-university, state, and national-level tournaments.
- Conduct annual sports day and ensure wide student participation.
- Host fitness awareness programs, yoga camps, and health drives.

#### 3. Infrastructure and Resource Management

- Monitor and maintain existing sports infrastructure such as gymnasiums, playgrounds, and indoor courts.
- Propose the procurement of new sports equipment and ensure their proper usage and upkeep.
- Recommend infrastructure development/improvement based on student needs and participation.

#### **4. Student Engagement and Support**

- Motivate students to take part in regular physical activities and competitions.
- Identify talented students and facilitate coaching or special training sessions.
- Support students applying for sports scholarships, sports quota admissions, or other recognitions.

#### **5. Collaboration and Outreach**

- Liaise with universities, sports councils, and external trainers/coaches to enhance the scope of sports activities.
- Collaborate with alumni or professional athletes to deliver motivational talks or training sessions.



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